

MIDE



RECONQUEST TREKKING _ GR-202

Day 4

 time	4h 15min	 3	natural environment severity
 slope upward	840 m	 2	orientation in the itinerary
 slope downward	250 m	 2	difficulty in moving
 horizontal distance	10 km	 3	amount of effort required
 type of tour	One Way	 -	climbing steps

Summer conditions, estimated times according to MIDE criteria, no stops.