

MIDE



PICOS EUROPA NATIONAL PARK VEGABAÑO TREK

| | | | | |
|--|------------------|---|----------|------------------------------|
|  time | 11h 00min |  | 3 | natural environment severity |
|  slope upward | 1.521 m |  | 3 | orientation in the itinerary |
|  slope downward | 1.521 m |  | 3 | difficulty in moving |
|  horizontal distance | 21 km |  | 3 | amount of effort required |
|  type of tour | Circular |  | - | climbing steps |

Summer conditions, estimated times according to MIDE criteria, no stops.