

Summer conditions, estimated times according to

MIDE criteria, no stops.

## **RECONQUEST TREKKING \_ GR-202**

climbing steps

		PICOS OUTDOOR Guías de Montaña / Mountain Guides			Day 3
a	time	5h 35min		3	natural environment severity
4	slope upward	1,290 m	e e	2	orientation in the itinerary
4	slope downwai	d <b>490 m</b>	P	3	difficulty in moving
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9	time	on somin	-	3	natural environment s
4	slope upward	1,290 m	ě	2	orientation in the it
4	slope downward	490 m	P	3	difficulty in r



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