

MIDE



PICOS DE EUROPA NATIONAL PARK VEGABAÑO TREK

 time	13h 15min		2	natural environment severity
 slope upward	1.675 m		2	orientation in the itinerary
 slope downward	1.715 m		2	difficulty in moving
 horizontal distance	21 km		2	amount of effort required
 type of tour	Diverse		-	climbing steps

Summer conditions, estimated times according to MIDE criteria, no stops.