

MIDE



RECONQUEST TREKKING _ GR-202

Day 5

 time	5h 45min	 2	natural environment severity
 slope upward	330 m	 2	orientation in the itinerary
 slope downward	1,320 m	 2	difficulty in moving
 horizontal distance	20 km	 3	amount of effort required
 type of tour	One Way	 -	climbing steps

Summer conditions, estimated times according to MIDE criteria, no stops.